Monday Class Schedule

Time	Class	Location	Instructor
10:00 - 11:00	Pre-Ffit	Rampton Village Hall	Hannah
10:00 - 11:00	Strength & Balance	Balsham, Village Hall	Maxine
11:15 - 12:15	Pre-Ffit	Rampton Village Hall	Hannah
11:40 - 12:40	Pilates	Trumpington Pavilion	Ines
11:15 - 12:15	Strength & Balance	Balsham, Village Hall	Maxine
12:15 - 13:15	Strength & Balance	Comberton Baptist Church	Marlene
12:30 - 13:30	Pre-Ffit	Chesterton Methodist Church	Rebecca
12:45 - 13:45	Pilates	Trumpington Pavilion	Ines
13:15 - 14:15	Strength & Balance	Jubilee Pavilion, Stapleford	Maxine
13:30 - 14:30	Strength & Balance	Over, St Mary's Church Hall	Hannah
14:00 - 15:00	Strength & Balance	Arbury Community Centre	Davina
14:00 - 15:00	Re-Ffit	Chesterton Methodist Church	Rebecca
14:45 - 15:45	Strength & Balance	Over, St Mary's Church Hall	Hannah
15:15 - 16:15	Full Body Workout	Arbury Community Centre	Sabrina
15:45 - 16:45	Strength & Balance	Trumpington Pavilion	Maxine
15:45 - 16:45	Strength & Balance	Online	Davina