Thursday Class Schedule

Time	Class	Location	Instructor
09:30 - 10:30	Re-Ffit	Little Downham Village Hall	Helen
10:00 - 11:30	Re-Ffit	Nightingale Pavilion	Carrie
11:15 - 12:15	Pre-Ffit	Hills Road Sports Centre	Marlene
11:20 - 12:20	Strength & Balance	Mandeville Hall, Burwell	Helen
13:30 - 15:00	Re-Ffit	The Paradise Centre, Ely	Helen