Wednesday Class Schedule

Time	Class	Location	Instructor
09:00 - 10:00	Strength & Balance	Newnham Social and Sports club	Rebecca
09:30 - 10:30	Pre-Ffit	Little Downham Village Hall	Helen
10:00 - 11:00	Strength & Balance	Online	Sabrina
10:00 - 11:00	Outdoor Fitness	Trumpington Pavilion	Davina
10:15 - 11:00	Strength & Balance	Newnham Social and Sports Club	Rebecca
11:00 - 12:00	Pre-Ffit	The Paradise Centre, Ely	Helen
11:45 - 13:15	Re-Ffit	Hauxton Centre	Davina
13:45 - 14:45	Pre-Ffit	William Collyn Centre	Lorraine